

#### **WE MEET YOU WHERE YOU ARE**

When a child and family are hurting and in jeopardy, every moment counts. That's why CCORS is here for you 24/7.

We respond immediately – wherever you are. You get quick support and access to long-term services, helping you and your family achieve stability and avoid future crises.

Families are referred to CCORS through the Crisis Clinic.

CALL 24/7
CRISIS CLINIC
206 461 3222



Downtown Seattle YMCA
Family Services and Mental Health
2100 24th Ave. S, Ste. 260
Seattle, WA 98144
phone 206 382 5340
fax 206 382 4967
yfamilyservices.org



**Everyone is welcome.** The **YMCA of Greater Seattle** strengthens communities in King and south Snohomish counties through youth development, healthy living and social responsibility.



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

# IMMEDIATE CRISIS SUPPORT FOR YOUR CHILD & FAMILY

Children's Crisis Outreach Response System (CCORS)

#### YMCA OF GREATER SEATTLE



## SUPPORTING SUCCESS IN OUR COMMUNITY

The Children's Crisis Outreach Response System (CCORS) provides free, comprehensive crisis services to children, youth and families throughout King County. These services are funded by the King County Mental Health, Chemical Abuse and Dependency Services Division (MHCADSD) through a contract with YMCA Family Services and Mental Health.

CCORS works closely with school districts, community mental health agencies, juvenile justice, the Department of Developmental Disabilities, Children's Administration, parent support networks, children's health clinics, and many other child and family serving systems throughout King County. This partnership is essential to CCORS' philosophy of engaging the whole family and whole community in crisis prevention and planning. CCORS is just one of a number of Y programs supporting success in our community through healthy living, youth development and social responsibility.



# EXPERIENCING A CRISIS? CALL **206 461 3222** 24 hours a day · 7 days a week · FREE

#### WHO WE SERVE

- Children and youth ages 3-18 and their families
- » who are having emotional or behavior problems
- » and are currently located in King County

#### **HOW TO REFER**

- Children and families are screened and referred to CCORS through the Crisis Clinic
- Anyone can call for support or referrals

#### **OUR PERSONALIZED APPROACH**

Trained staff come to your home, community or wherever you choose to develop a solution with you.

- We develop an approach tailored to your needs, using your child's and family's unique strengths and cultural values
- We teach children, youth and families the skills necessary to help manage challenging behaviors
- We involve family and friends as appropriate in building a team of support to help resolve and prevent crises
- Parent partners experienced in managing crisis behavior with their own kids are available

### URGENT & ONGOING SUPPORT FOR YOUR FAMILY

#### **URGENT CRISIS OUTREACH**

- We come to you at home, in the community or wherever the crisis is happening
- We provide immediate safety by de-escalating the crisis situation
- We debrief the crisis and create a plan to keep everyone safe in the immediate future
- We create an action plan with you to meet your family's needs
- We help make sure you get connected to longer-term services and support
- We team with your family in a culturally competent way to keep your child safe at home

#### SHORT-TERM STABILIZATION SERVICES

- We team with families and other providers to determine priority needs
- We hold frequent meetings to work on your family's goals
- We teach parents and youth the skills they need to manage challenging behaviors
- We review all crisis behaviors and develop solutions with families and professionals
- We can provide urgent psychiatric evaluations and short-term medication management in emergency situations
- We help families navigate other youth systems, like juvenile justice or child welfare